

Michelle Rincon, MA
Registered Psychotherapist
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Client Information

Your Rights as a Client

The practice of both licensed and unlicensed persons in the field of psychotherapy is regulated by the State of Colorado. Any questions, concerns, or complaints regarding the practice of mental health may be directed to: Mental Health Grievance Board, 1560 Broadway, Suite 1340, Denver, Colorado 80202, (303) 894-7766. You are entitled to receive information about the methods and techniques of therapy I use, duration of therapy (if known), fee structure, and my degrees, credentials and licenses. You may seek a second opinion from another therapist or terminate therapy at any time. In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

Regulatory Requirements applicable to Mental Health Professionals: a Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a masters degree in their profession and have two years of post-masters supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision. A Licensed Social Worker must hold a masters degree in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Certified Addiction Counselor I (CAC I) must be a high school graduate, and complete required training hours and 1000 hours of supervised experience. A CAC II must complete additional required training hours and 2,000 hours of supervised experience. A CAC III must have a bachelors degree in behavioral health, and complete additional required training hours and 2,000 hours of supervised experience. A Licensed Addiction Counselor must have a clinical masters degree and meet the CAC III requirements. A Registered Psychotherapist is registered with the State Board of Registered Psychotherapists, is not licensed or certified, and no degree, training or experience is required.

Confidentiality

All information provided to me by you in our professional relationship is confidential except in the following circumstances: (a) you sign a release of information for a specific individual or agency; (b) child or elder abuse; (c) you are in imminent danger to self or others; (d) subpoena of records in a criminal procedure.

Generally speaking, the information provided by and to the client during therapy session is legally confidential and cannot be released without the client's consent. There is no exception to this confidentiality, some of which is listed in section 12-43-218 of the Colorado Revised Statutes. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly. The Mental Health Practice Act (CRS 12-43-101, et seq.) is available at: www.dora.state.co.us/mental-health/Statute.pdf.

Credentials

I have a Bachelor of Arts degree in Anthropology and a Bachelor of Fine Arts degree from the University of Colorado at Boulder. I have attained my master's degree in Counseling Psychology at Pacifica Graduate Institute in Santa Barbara, CA. I am a registered psychotherapist in Colorado.

Theoretical Perspective

I work from a Jungian psychology perspective of depth psychology encompassing a person-centered, post-modern approach that integrates multiple counseling theories to best meet your needs. I collaborate with you to understand the struggles you face and how you can make the changes you desire. My work may incorporate theory and techniques from depth psychology, cognitive and dialectic behavioral therapy (CBT & DBT), self-psychology, Bowen family system, existential psychology, active imagination,

dreamwork, the enneagram and astrology. When working with couples and families. I use an emotional focused therapy approach and Bowen family therapy within a depth psychology foundation. Coming from a Jungian perspective, I look at the in-depth meaning of symptoms and what the deeper calling of the soul might be that leads one to a sense of wholeness. Together we will work to make positive changes in your life, working in holistic manner that addresses the mind, body, emotions, spirit, and social environment.

Education and Experience:

2010 – M.A. in Counseling Psychology from Pacifica Graduate Institute

1983 – 1988 Bachelor of Fine Arts, Painting and drawing, University of Colorado at Boulder
Bachelor of Arts- Anthropology, University of Colorado at Boulder.

June 2011–May 2012 **Safehouse Proressive Alliance for Nonviolence**

Counselor, Boulder, Colorado

City of Boulder’s domestic violence shelter for women serving Boulder County and the greater Denver area.

Duties involve individual counseling, family counseling, DV group facilitator, and crisis line intervention.

August 2011 – June 2012 **Parenting Place- Family resource center**

Counselor, Boulder, Colorado

Duties involve individual, group counseling and facilitating groups.

April 2012- present **People House Counseling Center**

Counselor for individuals, couples and families.

July 2012- present Ongoing work in Sandplay therapy

- Member of the Colorado Sandplay Therapy Association, since 2013
- Associate member of the Sandplay Therapists of America, since 2013

Services, Fees and Payment

I offer individual, couples, and family therapy, and parent coaching, as well as periodic workshops and group counseling. My fee is \$90 for individuals for 55 minutes and \$120 for 85 minutes serving couples and families. I also offer sliding scale on a limited basis to be determined by our first session. Payment is expected at the time of service and may be made in cash, check or credit card (credit card is an additional 2.75% fee) payable to Michelle Rincon. PPO type insurance is accepted.

Litigation Limitation

Due to the nature of the therapeutic process and the fact that it often involves making a full disclosure with regard to many matters which may be of a confidential nature, it is agreed that should there be legal proceedings (such as, but not limited to divorce and custody disputes, injuries, lawsuits, etc.), neither you (client) nor your attorney, nor anyone else acting on your behalf will call Michelle Rincon to testify in court or at any other proceeding, nor will a disclosure of the psychotherapy records be requested.

Consultation

Michelle Rincon consults regularly with other professionals regarding his/her clients; however, the client's name or other identifying information is never mentioned. The client's identity remains completely anonymous, and confidentiality is fully maintained.

In addition, Michelle may consult with a treatment team of supervisors and interns and/or medical backup. The purpose of consultation is to enhance my ability to help you, and these professionals are

required to follow the same standards of confidentiality previously described. Presently, Michelle is under the supervision of Deborah Bowman, PhD, LPC.

Cancellations

Since I have reserved your appointment time exclusively for you, it is my policy to receive at least a **24-hour cancellation notice** or you will be charged for the appointment. I will negotiate exceptions for emergencies such as severe weather or sudden illness on an individual, per time basis.

Mediation and Arbitration

All disputes arising out of or in relation to this agreement to provide psychotherapy services shall first be referred to mediation, before, and as a pre-condition of, the initiation of arbitration. The mediator shall be a neutral third party chosen by agreement of Michelle Rincon and client(s). The cost of such mediation, if any, shall be split equally, unless otherwise agreed. In the event that mediation is unsuccessful, any unresolved controversy related to this agreement should be submitted to and settled by binding arbitration in Denver County, in accordance with the rules of the American Arbitration Association which are in effect at the time the demand for arbitration is filed. Notwithstanding the foregoing, in the event that your account is overdue (unpaid) and there is no agreement on a payment plan, Michelle Rincon can use legal means (court, collection agency, etc.) to obtain payment. The prevailing party in arbitration or collection proceedings shall be entitled to recover a reasonable sum for attorneys' fees. In the case of arbitration, the arbitrator will determine that sum.

Telephone Calls and Emergencies

I am available to return business calls between 9am and 7pm, Monday through Friday. If I am out of town, I will give you the name and phone number of the associate covering for me while I am gone. I do not provide 24-hour emergency coverage. If you have an emergency please call your local 24 hour crisis line listed in the front of your phone book or call 911.

There is no charge for brief phone calls. Calls lasting longer than 10 minutes will be charged on a pro-rated basis of my hourly fee. My policy for written reports requested by insurance companies, physicians, etc. will also be charged at my hourly rate unless very brief.

Agreement and Acceptance

Please do not hesitate to ask for clarification or further information if necessary. By signing below, you confirm that you have read, understood the preceding information, and that you agree to the stated terms, fees and policies. **I have read the preceding information, it has also been provided verbally, and I understand my rights as a client/patient.**

Client Signature (parent or guardian for a minor)

Date

Client Signature (parent or guardian for a minor)

Date

Therapist Signature

Date